

Sandhills Behavioral Center, Inc. is the premier provider of structured outpatient substance abuse and mental illness treatment programs in North Carolina's Hoke County.

Our services are designed for individuals with significant emotional or substance abuse problems who want to change the course of their lives. All services are designed to create minimal disruption to an individual's work, school and family life. Depending on the population, treatment is provided during the day, after-school or in the evening. We offer extensive family programs as part of all of our services and strongly encourage family participation.

Sandhills Behavioral Center, Inc. is a licensed mental health and substance abuse center in the state of North Carolina. We are a private organization that does accept Medicare, Medicaid or state funds. Our patients are typically uninsured and reflect the underserved population of Hoke County.

Our agency, staffing and programs are designed to make our clients comfortable and thus, better able to benefit from treatment. Our leadership has a strong reputation for innovative programming and has an unmatched record of initiatives that has changed the concept of what a substance abuse center is and how mental illness treatment is provided.





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Call Us Today! 910-565-3027

Our Company



Sound mental health and substance abuse is an important foundation to productive living. Sandhills Behavioral Center, Inc. (SBC) was established to help individuals struggling with difficult issues, great or seemingly small, to achieve a positive quality of life. Sandhills Behavioral Center, Inc. feature a network of experienced clinicians and a variety of benefit packages, all developed with the improvement of the client's quality of life as the focus.

Sandhills Behavioral Center, Inc. is a unique company that provides the highest quality of mental health and substance abuse services to the residents of Hoke County. We understand Hoke County, its people and its businesses. We meet each individual's needs quickly and effectively, because we live and work among the very people we serve.

Our approach to behavioral health care is to provide a comprehensive, coordinated, managed mental health program for the clients we serve. We provide confidential and immediate assistance to help our clients develop positive coping skills in crisis. We believe our approach is flexible and dynamic, designed to meet the evolving needs and demands of our clients.

Our Services

- **✓ DWI Services (English and Spanish)**
- **Substance Abuse Intensive Outpatient Program (SAIOP)**
- Outpatient Mental Health Treatment Substance Abuse Outpatient Treatment
- Sex Offender Treatment
- **✓** Substance Abuse Prevention Program
- ✓ Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Programs

FAMILY PROGRAMS

The needs of the family are always addressed at **Sandhills Behavioral Center**, **Inc.** and are often a critical factor in successful treatment. Our goal is to help foster a family system that is supportive of treatment. We provide an opportunity for the family as a whole to begin to reorganize around more mutually satisfying and productive interactions.

Our family programs include psycho-education, support and multi-family therapy. These programs, particularly in our psychiatric programs, are augmented by individual family sessions throughout the course of treatment. All family services are provided at no charge because we know that they are a critical component to the treatment of many patients and we want no barrier to as much family participation as possible.

Programs

SCHOOL COMPONENT

Our Adolescent Program includes a school component, so that participants can continue their studies while receiving the necessary care. Frequently, the academic studies of these adolescents have suffered because of their psychiatric problems. Those enrolled in the Adolescent Program participate in an approved tutoring program, which allows students to stay active in their schoolwork and obtain credit for school attendance. Each adolescent receives personalized instruction in either a one- to-one or very small group setting, based upon a plan developed under the direction of the student's home school.

